SIU YCAB

"Be aware that you're not aware" -Taylor Sherlock



WHAT DO WE DO?

The Scale It Up (SIU) Youth Community Advisory Board (YCAB) is a collaboration between study site youth and researchers focusing on HIV prevention and treatment for youth. The goal of the SIU YCAB is to be the face of SIU community engagement efforts.



Jamal Arrington, 26 (Tampa, FL) Dwayne Cole Jr., 20 (Detroit, MI) Alejandro Fernandez, 23 (Tampa, FL) Jasmine Jackson, 24 (Detroit, MI) Harun "Ronny" Jones, 23 (Philadelphia, PA) Quincy La'Velle, 24 (Chicago, IL) Jamarco Lang, 25 (Memphis, TN) Brian McMorris, 20 (Chicago, IL) David Ortiz, 24 (Miami, FL) Daniel A. Rodriguez, 19 (Philadelphia, PA) Manny Segal, 24 (Baltimore, MD) Taylor Sherlock, 20 (Baltimore, MD) Lisa Watkins, 23 (Memphis, TN)





The Wayne State University SIU Community Engagement Team

Angulique, SIU YCAB Lead



Angulique Outlaw, PhD is an Associate Professor in the Department of Family Medicine and Public Health Sciences at the Wayne State University (WSU) School of Medicine. She is also the Director of Prevention Programming for Wayne State University Prevention (W'SUP) and Horizons Project, grantfunded, comprehensive continuum of care programs for at-risk youth and youth living with HIV ages 13 – 24. Dr. Outlaw has worked in the field of HIV for over 20 years. She is a pediatric psychologist with significant expertise designing, implementing, and evaluating interventions for high-risk youth utilizing community-based participatory research (CBPR) practices.



Lindsey, SIU YCAB Assistant



Lindsey McCracken, BS is employed as a Research Assistant at WSU School of Medicine in the Department of Family Medicine and Public Health Sciences. She has a Bachelor's of Science degree in Psychology with a minor in Criminal Justice minor from WSU. Lindsey expands her communication and management skills as a member of the National Society of Leadership and

Success. Outside of work, Lindsey enjoys spending time in the water either swimming or kayaking. Currently, she is assisting in several various projects involving HIV prevention and care for youth nationwide. Her interests include behavioral neuropsychology and forensic psychology. She ambitiously plans to pursue these in interests at graduate school beginning the fall of 2019.

Monique, SIU YCAB Coordinator

Monique Green-Jones, MPH has been an employee of WSU School of Medicine for almost two decades. Monique is a Research Assistant in the Department of Family Medicine and Public Health Sciences where she serves as



Manager of Prevention Programming for W'SUP and Project Coordinator for several single and multi-site funded clinical trials. Monique has expertise in the areas of grants management, intervention delivery, data management and program evaluation.



SIU YCAB Member Spotlight

Lisa Watkins (Memphis, TN)

Born January 20th, 1995, I have been blessed to see daylight every day of my short life. My name is Lisa Watkins and I am a Youth HIV/AIDS advocate. I am 23 years young and I reside in Memphis, TN. I live for helping and guiding others to the best of my ability and I also stand to end HIV stigma and improve prevention. I am a part of many YCABs that revolve around issues related to youth such as HIV, suicide, and reproductive health and justice. Life brings about so many changes. Whether good or bad, you must know what to do with them. My life changed when I was diagnosed with HIV at the age of 17. My journey has been far from easy, and I still strive to do better. I always try to keep my courage and dedication to helping myself first and then helping others. If I'm not right within, I can't help others follow suit. In the future, I plan to become a counselor for youth and young adults that are newly diagnosed, and help them see that status is not the end of their life. You can live a healthy, happy life just like anyone else and this virus does not make you any less of a person. Encouraging words: Never let anything change who you are or steal your joy and hope.

"It is **better to be feared than loved**, **if you** cannot be **both**." - Niccolo Machiavelli





Brian McMorris (Chicago, IL)

Hi! I'm 20-years-old and currently in my second year of college at East West University majoring in Psychology. I'm HIV positive and have been for about three years now. It has been difficult dealing with it, but since last year in July 2017, I met a group of people (SIU YCAB members) who've totally changed my outlook and how I deal with being positive. It really has made a big impact on my life for which I'm truly grateful.





Fear is a method frequently used by society to educate individuals on issues found within our communities. Using scare tactics or negative connotations can turn fear into stigma, making it difficult for people to open up about their HIV status. In an attempt to promote safety and awareness of HIV, society has primarily emphasized the dangers of HIV, without thinking about the negative impact that it could have on people who are living with it. A highly stigmatized topic, HIV is a tough topic to talk about for most individuals. It's easy for people forget the long-term damage that stigma can cause. But one step at a time, one movement at a time, we can fix it! The Scale It Up YCAB's passion and spirit of collaboration is wrought with confidence that we can create a movement where support and awareness can go hand-and-hand.

The SIU YCAB is comprised of 13 individuals from various regions around the United States, with some of our members currently living with HIV, and others not, giving us an opportunity to tackle this issue through a variety of lenses. But no matter the status, all of our members were brought together for same purpose, to create better ways to support those living with HIV, finding ways to end the stigma associated with HIV, and raising awareness of it. For many it may seem "too good to be true," but learning from this opportunity to work with my other YCAB members, I know it's definitely possible. And from this, significant progress (and lasting friendships) has already begun to form.

The YCAB's first in-person meeting was nothing less than an extraordinary experience from start to finish, comprised of some of the most incredible people IN THE WORLD. What started off as a meeting of strangers, soon developed into a motivated group of like-minded peers. We explored the city of Detroit, had fun and meaningful conversations about our experiences with HIV during our free time, while getting to know each other on a personal level. Within almost a day of being around one another, we were able to see that we all had experiences that had driven our desire for creating change in our community. You could feel the passion for change in every discussion, and you could see the strength and intellect exuded from everyone, no matter their status. It was a trusting and comfortable place to allow everyone to share their personal stories; laugh and build lasting connections with one another, even though we had only known each other for a few hours. It was an unforgettable experience that I'm thankful to have been a part of.

Wonderful free time aside, the meetings were just as phenomenal! You could feel that passion and determination for change during each session. The YCAB members were knowledgeable of the topics discussed and welcomed each other's input.

Our discussions on ways to promote awareness and support in a way that isn't demeaning to anyone living with HIV, as well as working together to find new ways break down the barriers that come with stigma, were a few of my favorite topics.

Overall, the YCAB showed that not only is it possible to discuss issues and challenges associated with HIV, but that you can do it in a way that doesn't cause any more stigma or harm. We're a passionate and educated group of people who look forward to using our diverse experiences and knowledge of this issue to transform shared goals into a reality. And this is only the beginning of our work within the Scale It Up YCAB!

Upcoming Events

April 5-7: ACTHIV 2018; 12th annual American Conference for the Treatment of HIV is a state-of-the-science conference targeted toward US frontline provider of care to persons at risk of, or with HIV infection. Location: Chicago, IL

April 10: National Youth HIV & AIDS Awareness Day #NYHAAD

April 18: National Transgender HIV Testing Day

June 6-8: Saving Ourselves Symposium; Annual conference designed to provide cutting edge research, promising practices, and HIV/ AIDS behavior change techniques in efforts to educate, encourage, and empower the Black LGBTQ community.

Location: Birmingham, AL

August 1-3: SIU YCAB Face-to-Face Meeting Location: Detroit, MI