



AGENDA

Monday May 15th, 2023

4:30-7:00 Beer & Wine, and “Heavy” Hors D'oeuvres

4:30-5:30 Welcome and Icebreaker

5:30-6:00 Overview of the ORBIT Model (Czajkowski)

Key Question: What is phased intervention development? Why is it important?

Format: Invigorating Talk (30 min)

6:00-6:30 From Ideas to Efficacy: The Big Picture (Epstein)

Key Question: Where am I going? What do I want to achieve?

Format: Invigorating Talk

6:30-7:00 Q&A and Discussion

7:00 Dinner on your own

Tuesday May 16th, 2023

ORBIT Phase 1a: DEFINE

8:00-9:00 Breakfast and Networking

9:00-10:30 Mixed Methods Approaches (Tiro)

Key Question: How can I ensure the ecological validity of my intervention?

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

10:30-10:45 Break

10:45-12:15 Precision Medicine and Single Case Experimental Designs (Epstein)

Key Questions: What is precision medicine? How can I explore potential intervention components with small samples?

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

12:15-1:15 Lunch

1:15-2:45 Fidelity and Tailoring for Subpopulations (Spring)

Key Question: How do I know my intervention is being delivered as intended and is feasible and acceptable for a new subpopulation?

2:45-3:00 Break

3:00-4:30 Clinical Significance and Team Science (Freedland)

Key Questions: What makes the outcomes of this intervention clinically significant? What kinds of expertise do we need on this team? How do I know if the intervention works in small early phase studies?

Notes: Evaluation of success

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

6:00 - 9:00 Informal Mentoring Session over Dinner

Madison Social, 705 S Woodward Ave #101, Tallahassee, FL 32304

Wednesday May 17th, 2023 (MORNING)

ORBIT Phase 1b: REFINE

8:00-9:00 Breakfast and Networking

9:00-10:30 Refining for Strength and Efficiency (Spring)

Key Question: Why, when, and how should I refine my intervention? How can I preserve strength while enhancing efficiency?

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

10:30-10:45 Break

10:45-12:15 Determining Dosing Through FITT Principles (Scott)

Key Question: How much of the intervention is enough?

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

12:15-1:15 Lunch

Wednesday May 17th, 2023 (AFTERNOON)

ORBIT Phase 2a and 2b: PRELIMINARY TESTING

1:15-2:45 Proof of Concept Studies (Powell)

Key Questions: What is a proof-of-concept study and why is it important? When should it be conducted? When do I consider including a control condition?

Format: Invigorating Talk (30 minutes), Q&A (15 minutes), Applied small group discussion (45 minutes)

2:45-4:30 Feasibility Studies and Pilot Trials (Freedland)

Key Question: How do I get ready for a full-scale trial?

6:00 - 9:00 Informal Mentoring Session over Dinner

Proof Brewing Company, 1320 S Monroe St, Tallahassee, FL 32301

Thursday May 18th, 2023

Career Development

8:00-8:30 Breakfast and Networking

8:30-9:00 Phase 2c and Beyond: The “Fruits” of Intervention Development “Labor” (Powell)

Key Questions: How do I achieve public health significance? What do optimized *Phase II* and *Phase III* efficacy trials look like?

Format: Invigorating Talk

9:00-9:30 Funding For and Publication Of Early Phase Studies (Czajkowski and Freedland)

Key Question: How do I find funding? How do I get my early-phase work published?

Format: Invigorating Talk

9:30-10:00 Planning Your Career Path: Intentionality and Self-Reflection (Tiro and Czajkowski)

How does ORBIT fit into my career path?

Format: Invigorating Talk

10:00-10:45 Applied Small Group Discussion

10:45-11:00 Break

11:00-11:45 Train the Trainer Plans

11:45-Noon Final Words, Wishes, and Adjourn